Choosing a Specialty
The Five Ps:

• Patients: who are the **people** you’ll be seeing?
• Pathology: which the **disease states** you’ll address?
• Procedures: what will **your hands** be doing?
• Personality: who are **your colleagues** in the field?
• Presence: Passion, “Gut”, Reality Check
Procedural

vs

Non-Procedural
Surgical vs Medicine

Why??

Intellectual Stimulation
Role models
Personality
Passion/GUT!!!!!
When???

• Later part of M3/early M4 year!
### Surgical vs Medicine

**ED**

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<th>General</th>
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<td><strong>Sub Specialty</strong></td>
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Academic vs. Non-Academic Focus
UNSURE???

• Maximize your opportunities/Seek opportunities
• Work hard
• BE PROACTIVE - Find a Mentor (Advisor, Network, Advocate, Friend)
• Always have your CV READY!!!!!!
MENTOR

• Advisor: consultant for career decisions
• Network:
• Advocate: gratefully request and accept support
• Friend: life-long relationship
• Faculty from M1, M2, research, clerkship attending
Maximize Opportunities

• Build your Portfolio
Change is OK

• Options
• Transitional Year
• Preliminary Year