July 1, 2019

Dear Colleagues, Residents, Fellows, and Students:

The University of Tennessee College of Medicine Chattanooga (UTCOMC) is committed to promote physician and trainee well-being and engagement. This issue is of a high priority for us, and we have partnered with our affiliate hospital, Erlanger Health System (EHS), in this endeavor. With the assistance of the Well-Being Task Force, which draws on the experience and participation from the UTCOMC Graduate Medical Education (GME) leadership, the Erlanger Chief Medical Officer, Erlanger Chief Nursing Executive, Chief of Staff, and a champion from most departments, we have initiated a program which is dedicated to:

- Understanding and promoting physician and trainee engagement and well-being
- Providing resources for physicians and trainees that help them promote their own well-being
- Discovering personal and organizational approaches to prevent and address physician and trainee distress
- Creating a workplace culture that is energy replenishing

**Well-Being Task Force**

**Chair**
Mukta Panda, MD, MACP, FRCP
Professor and Assistant Dean
Medical Student Education and Well-Being

**Task Force Members**

R. Bruce Shack, MD, FACS, Professor and Dean
Robert C. Fore, EdD, FACEHP, CHCP, Professor and Associate Dean/DIO
William L. Jackson, Jr, MD, MBA, Erlanger Executive Vice President and Chief Medical Officer
W. Heath Giles, MD, FACS, Assistant Professor and Program Director, Surgery Residency
Heather Gilliam, DO, Assistant Professor (Affiliated) Pediatrics Faculty
Sudave Mendiratta, MD, FACEP, Associate Professor and Chair, Emergency Medicine
James Sizemore, MD, Past Chief of Staff and Assistant Professor, Medicine
Matt Gibson, PhD, FACHE, Erlanger Senior Vice President and Chief Strategy Officer
Jan Keys, DNP, RN, FACHE, Erlanger Senior Vice President and Chief Nursing Executive
Robert Zylstra, EdD, LCSW, Professor and Assistant Program Director, Family Medicine Residency

Allen Bible, Erlanger Orthopaedic Services Administrator
Floyd Chasse, MS, MPH, Erlanger Vice President, Human Resources
Pamela Gordon, MBA, CPHQ, Erlanger Vice President of Patient Safety and Quality
Anthony Falzone, FP-C, CCP, NRP, Paramedic
Erlanger Emergency Department
Jeremy Lambert, Erlanger Chaplain
Chris Ettchells, MD, Chair, Resident Wellness Committee, PGY-3 Emergency Medicine Resident, and member of the Resident Advisory Board
Olivia Morin, MD, President, House Staff Association, and PGY-5 Resident, Surgery
Jetina Okereke, MD, Vice Chair, Resident Wellness Committee, and PGY-2 Resident, Internal Medicine
Jacqueline Hogan, GME Financial Specialist
Pamela Scott, C-TAGME, Director, Graduate and Medical Student Education

Sincerely,

R. Bruce Shack, MD, FACS
Professor and Dean

Mukta Panda, MD, MACP, FRCP
Professor and Assistant Dean, Medical Students and Well-Being